

Why Volunteer with Zambia Red Cross?

- ✓ Gain skills & experience in disaster response, first aid, and community development
- ✓ Be part of a global humanitarian network
- ✓ Opportunities for leadership & personal growth
- ✓ Inclusive environment—all abilities and backgrounds welcome

Membership

Become a paid-up member and affiliate with one of our branches across all 10 provinces in Zambia to deepen your involvement and support our mission.

Visit our website, follow us on social media, or contact your nearest Zambia Red Cross branch to start your journey as a humanitarian volunteer.

How to Become a Volunteer

Sign Up Online

- Complete the Volunteer application form on our website.
- Provide your details (name, age, gender, contact information, etc.).
- Submit your application for review.

Commit to Our Values & Fundamental Principles

- Sign and adhere to the Zambia Red Cross Volunteer Code of Conduct.

Get Trained & Deployed

- Receive orientation and training based on your skills and interests.



Join Our Teams in Disaster Response, Health Promotion, First Aid, and More

Contact Us:

Toll Free 7373



Phone

+260 953 054 584



Email

info@redcross.org.zm



Address

Los Angeles Boulevard, Plot 2837 Longacres, P.O. Box 50001, Ridgeway 15101, Lusaka Zambia



ZAMBIA RED CROSS SOCIETY Volunteers



Volunteer with Zambia Red Cross Society. Be the Change. Serve with Humanity.

Saving Lives, Changing Minds

Toll Free 7373

About Volunteering with Zambia Red Cross Society

The Red Cross and Red Cross Movement globally is driven by the power of volunteerism to alleviate human suffering and build resilient communities. Guided by the Seven Fundamental Principles, Humanity, Impartiality, Voluntary Service, Neutrality, Independence, Unity, and Universality, we work tirelessly to support those in need.

Zambia Red Cross Society (ZRCS) has over 8,000 volunteers across the country, including 2,500 paid members, with 74% being youths. Our members include 1,999 volunteers, living with

inclusivity in our humanitarian efforts.

As we expand our programs nationwide, we continue to grow our volunteer network to reach diverse communities affected by disasters. By joining us, you help strengthen disaster resilience, provide emergency response, and deliver life-saving assistance to the most vulnerable.



Our volunteers reach hard-to-reach areas to save vulnerable communities



Volunteers engage community members in interactive sensitization sessions, promoting healthier practices for all

About our volunteers

Volunteering has been a part of our network founded in 1966 by an Act of Parliament, CAP 307. To this day, voluntary service & helping others without desire for personal gain, remains one of our seven Fundamental Principles guiding everything we do.

Our volunteers are also involved in activities such as:

- ✓ Emergency Relief – Providing care and comfort to those affected by crises.
- ✓ Health & Wellness – Educating communities on disease prevention and healthy living.
- ✓ Youth programmes
- ✓ Disaster Preparedness & Responses

What do our Volunteers have in common?

- ✓ **They are motivated by helping others:** Our volunteers come from all walks of life but share one mission: to serve humanity.
- ✓ **They are Community based:** Our biggest strength as a humanitarian organization is that our volunteers come from the very communities they serve. This means they have firsthand knowledge of, and are trusted by, their communities.
- ✓ **Diverse & Inclusive:** Our volunteers are incredibly diverse and of all ages, gender and backgrounds. We believe we are stronger in this diversity, and we welcome anyone and everyone to join us.
- ✓ **They volunteer part-time:** Our volunteers are teachers, parents, students, nurses, bankers, construction workers, artists, you name it! They still find time in their personal lives to commit to volunteering, with the National Society.
- ✓ **They receive training and support:** All our volunteers receive orientation & training to help them understand our network and their specific roles.



Our volunteers help the national society respond to emergencies by providing first aid during disasters